



A Kwanza Coloring Book

By Eden Florist & Gift Baskets

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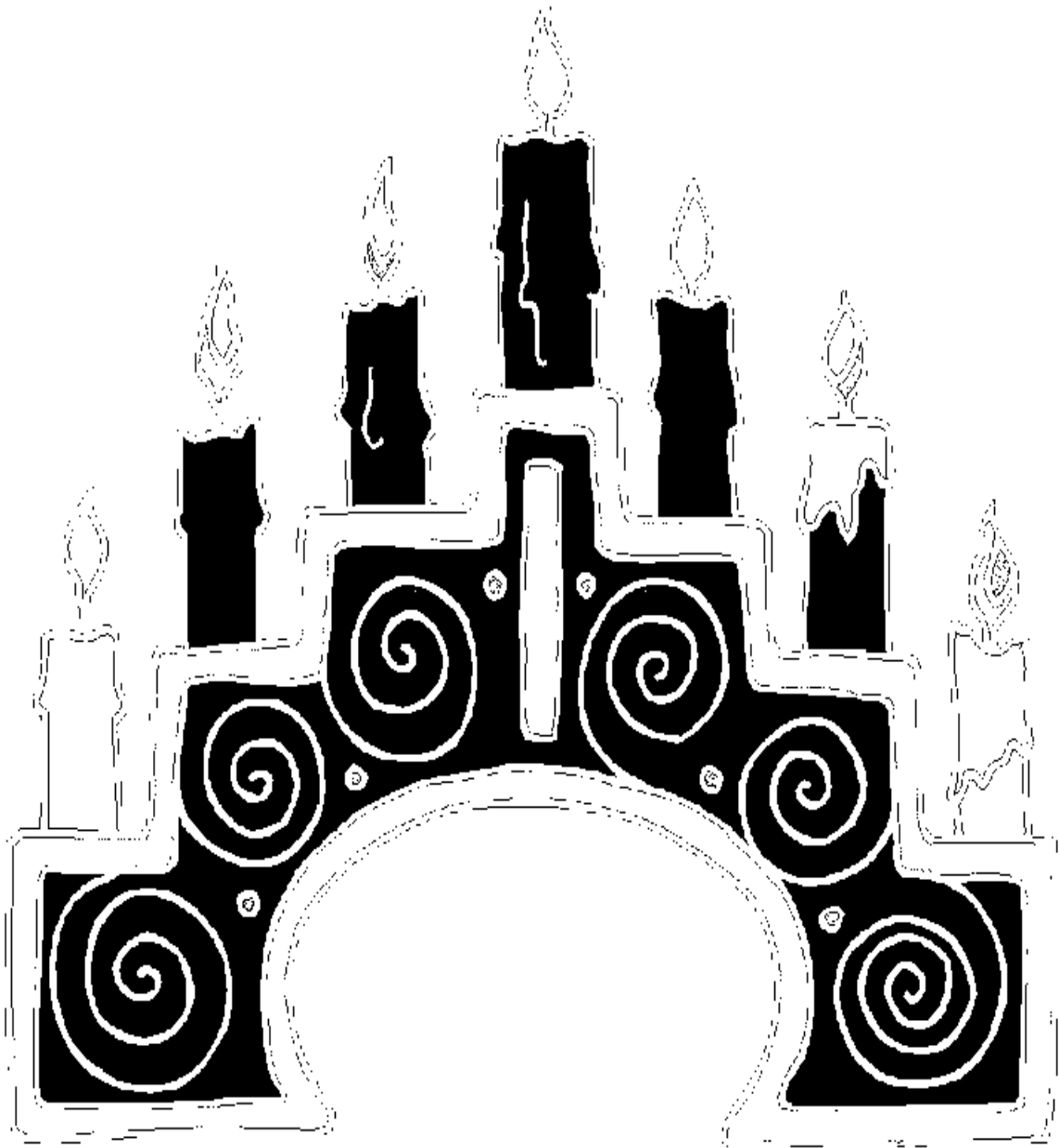
Kwanzaa: Dec. 26 - Jan. 1

Founded in 1966 by Dr. Mauland Karenga, Kwanzaa is based on the first harvest celebrations of various African cultures. Its name is derived from the Kiswahili phrase "matunda ya kwanza," or "the first fruit of the harvest."

In addition to reaffirming rootedness in African culture and celebrating the bonds between Black people, Dr. Karenga wished to introduce and reinforce the *Nguzo Saba*, or Seven Principles: *Umoja* (unity), *Kugichagulia* (self-determination), *Ujima* (collective work and responsibility), *Ujamaa* (cooperative economics), *Nia* (purpose), *Kuumba* (creativity), and *Imani* (faith). Each day of the holiday celebrates one principle.

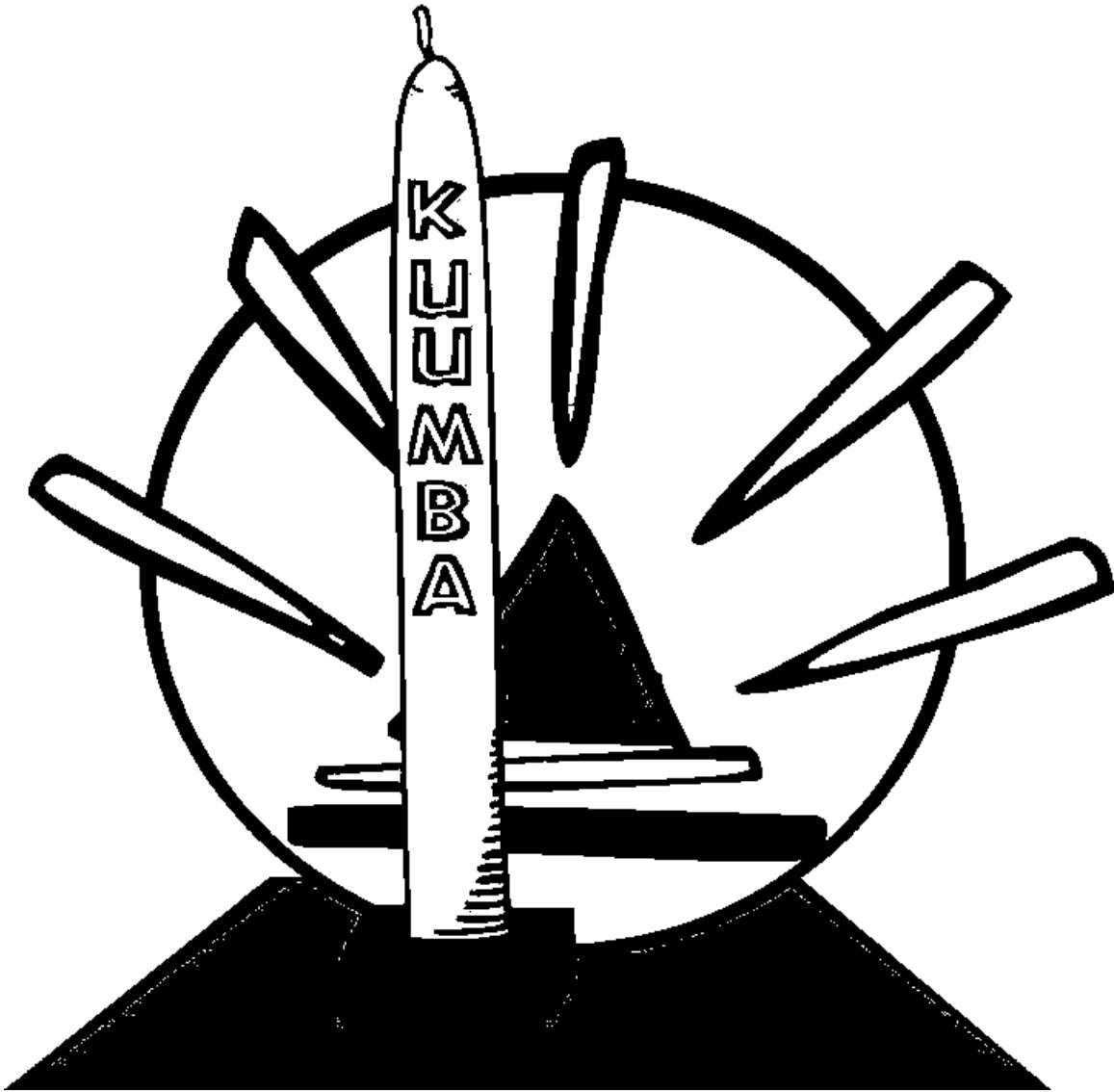


**KUTIGNAGULIA
MEANS
SELF
DETERMINATION**





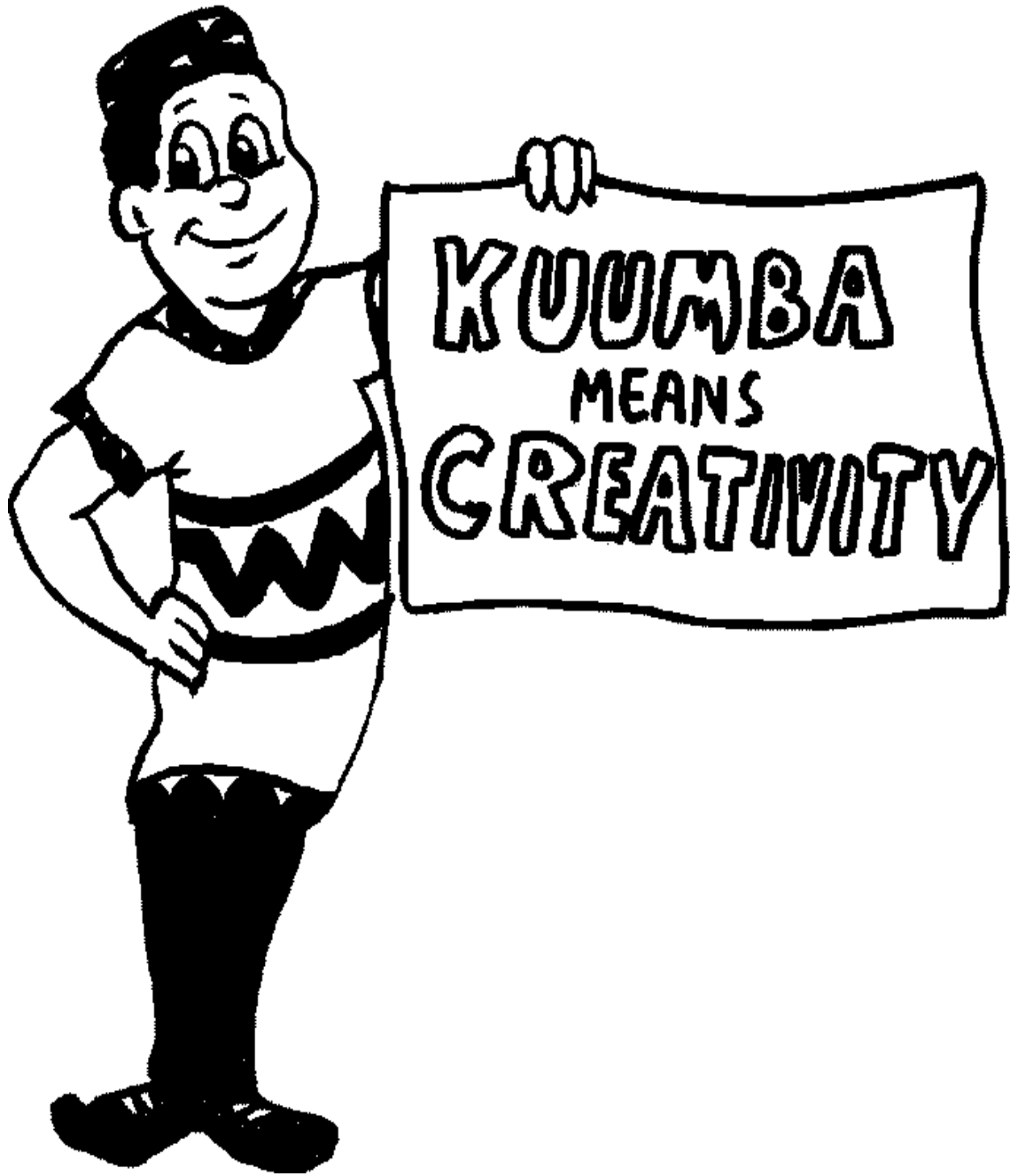
UJIMA
MEANS
COLLECTIVE
WORK
AND
RESPONSIBILITY





NIA
MEANS
PURPOSE





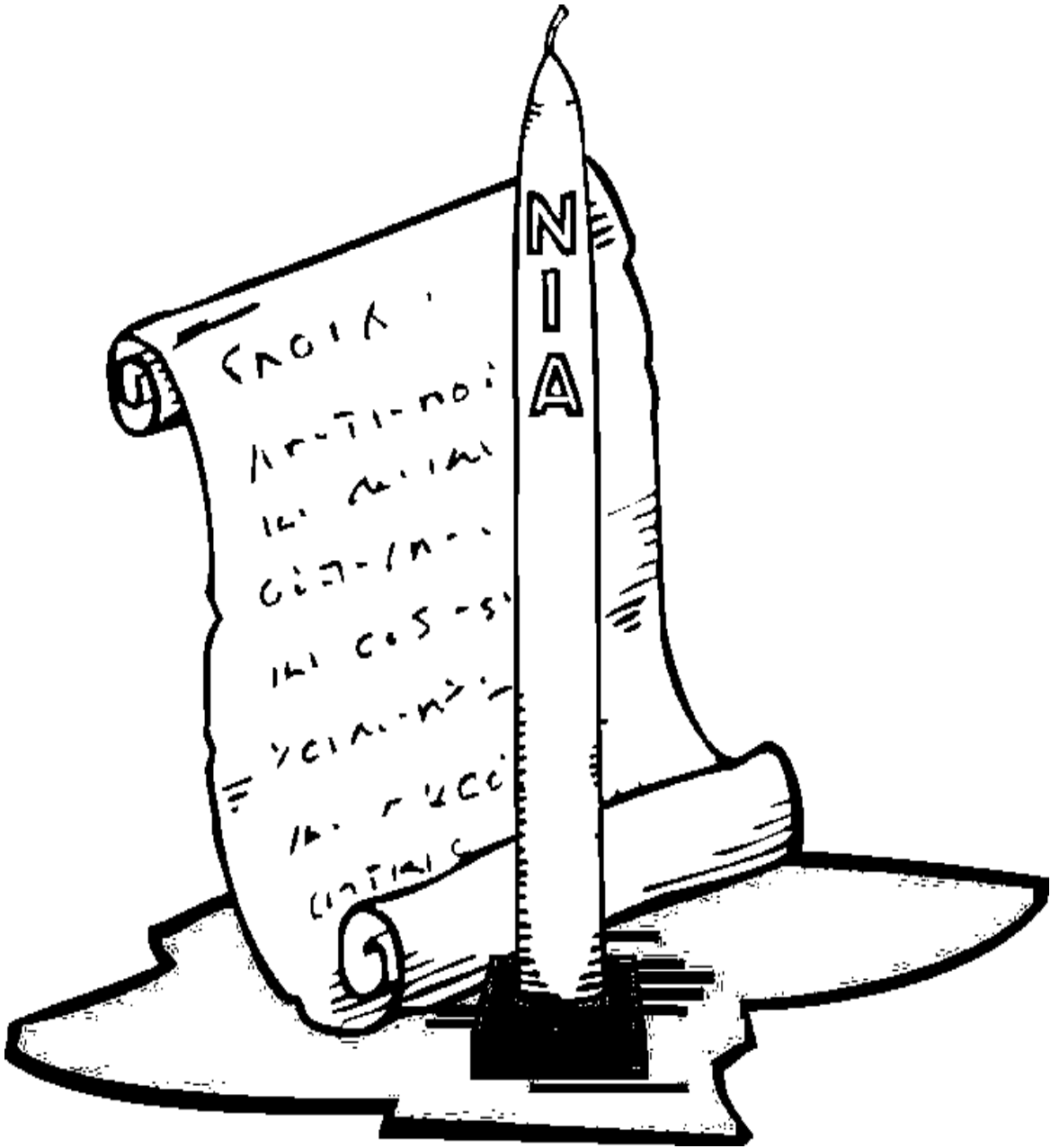
KUUMBA
MEANS
CREATIVITY

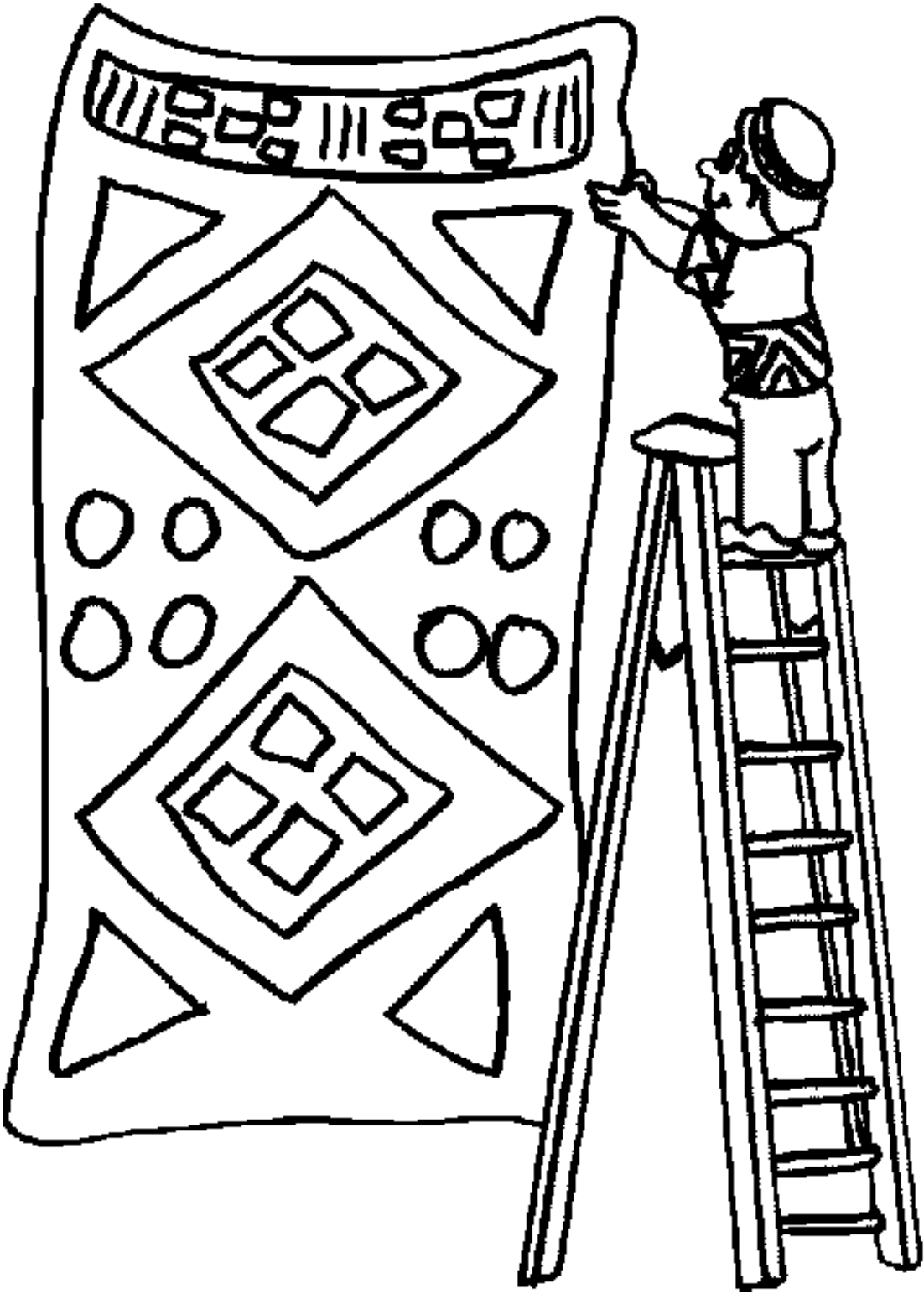


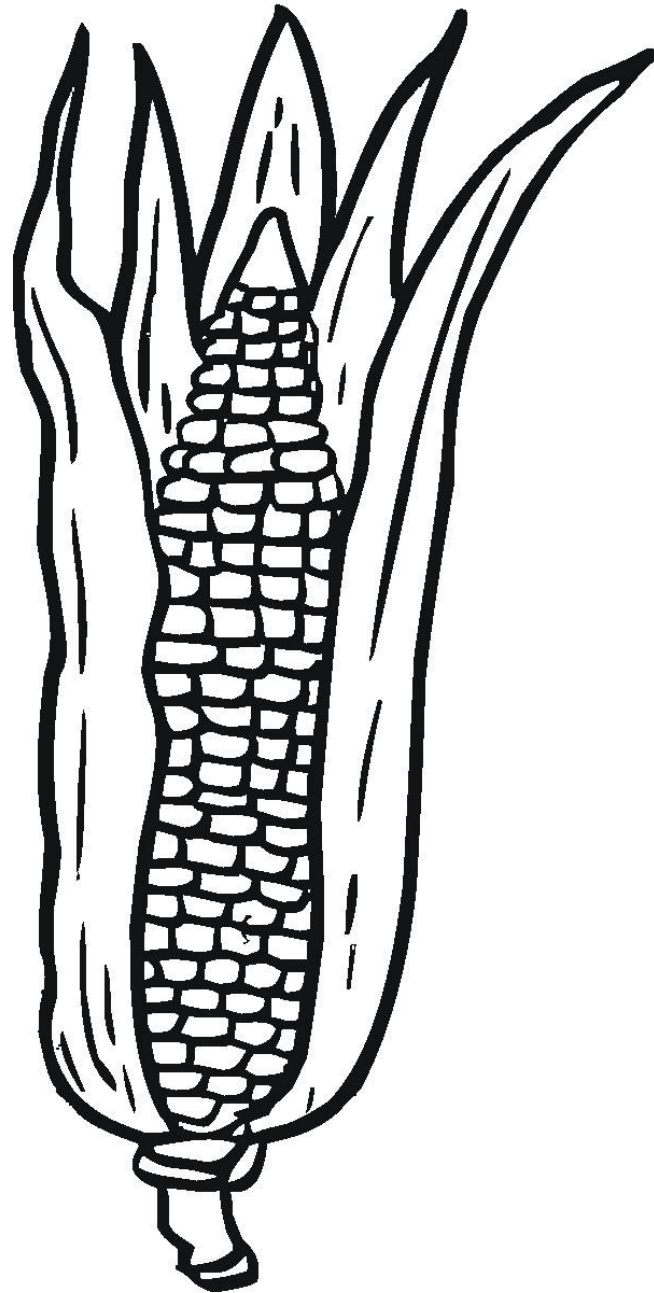


IMANI
MEANS
FAITH





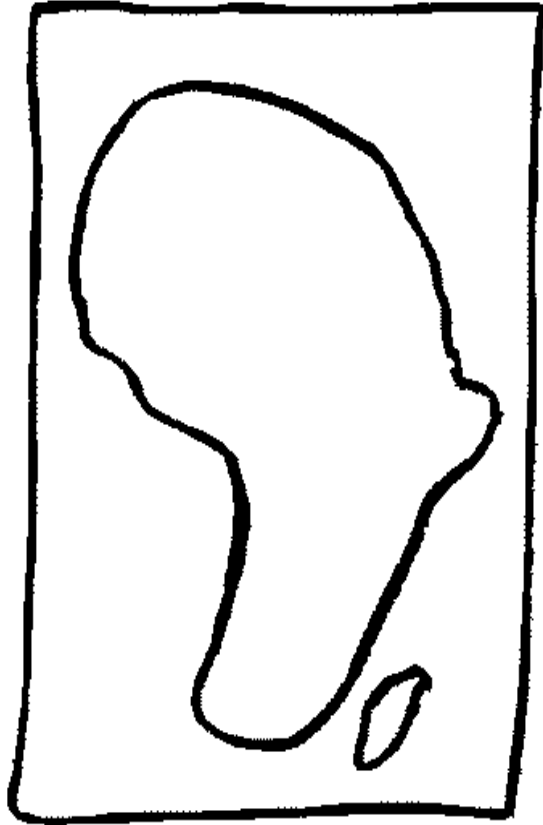






UMOJA
MEANS
UNITY







EXPLORING
YOUR
AFRICAN
AMERICAN
HERITAGE

